

Parenting Traumatized Children: The Recipe for Peaceful Parenting and Strong Kids

Denise Best, LMHC, RAC from the Adoption & Attachment Treatment Center of Iowa in Iowa City, will present therapeutic parenting interventions that build attachment with children. Parents report that these techniques decreased their own symptoms from parenting chronic behaviors by over 70%. Denise's interventions are designed to reduce shame and power struggles, and increase responsibility, cause-and-effect, and a sense of self-worth in children with attachment and complex traumas. The interventions are designed to address the unmet need and subsequent emotions behind the behavior, not the behavior itself.

Trainer: Denise L. Best, LMHC

Denise is a Licensed Mental Health Counselor, M.A. and a Registered Attachment Clinician Clinic Director for the Adoption & Attachment Treatment Center of Iowa. Denise has over 20 years experience in child and family services specializing in attachment trauma resolution and healing.