



NCIFAPA Newsletter.....February 2010

February 16..... Family Interaction
 March 16.....Elevate.....Ruth Phillips
 April 20.....FosterwareMary Foy
 Medication Management/Documentation...Tess Armstrong

All trainings will be held in the Liberty Room at DHS, 22 N. Georgia, Mason City.
 Social/Networking time is from 6:30-7:00 PM; bring a snack to share
 Training time is from 7:00 – 9:00 PM

Medication Management Training



As part of the new DHS Rules, foster parents will be required to take Medication Management Training. All foster parents must have this requirement completed by October 1, 2010. In order to complete this requirement, foster parents must read the "[Medication Management](#)" booklet and answer the ten review questions on pages 14 and 15 of this booklet. Foster parents must turn in their complete questionnaire to their Iowa KidsNet Licensing Worker in order to receive credit for completing this required course.

This training is worth one hour of foster parent training credit.

2010 IFAPA Spring Conference

Friday, March 5 - Saturday, March 6, 2010
 Courtyard By Marriott - Ankeny, IA

IFAPA hosts a spring conference in March every year. Families are invited to come and meet other foster/adoptive families for a fun and informative weekend of training, networking, good food and prizes. Come and join the IFAPA staff, including your IFAPA Peer Liaison, at the Spring Conference on March 5 & 6, 2010!!

[VIEW CONFERENCE BROCHURE](#)

Registration Deadline is Friday, February 19, 2010 PLEASE NOTE - IFAPA cannot accept online registrations for the Spring Conference. You must mail or drop off your conference registration form & payment.

The conference is located at the [Courtyard by Marriott Hotel in Ankeny](#). The address is 2405 SE Creekview Drive. To make a hotel reservation, call 515-422-5555; be sure to ask for the IFAPA Conference Rate (\$89 per night, plus tax).

Ames Area Trainings

Feb. 6, 2010 9am-4:30pm	<u>Up, Down & All Around - ADHD, ODD & Pediatric Bipolar Disorder</u>	6 hours	Fort Dodge IA Central College
Feb. 13, 2010 9am-4:30pm	<u>Teen Anger: How to Regulate Your Home Atmosphere!</u>	6 hours	Ames ISU Scheman Bldg
Mar. 13, 2010 9am-1:15pm	<u>CPR & First Aid</u> (Cost \$25 per person, must register 2 weeks ahead) NEW! CLASS FULL - NO OPENINGS	4 hours	Ames Mary Greeley Hospital
Mar. 27, 2010 9am-12:15pm	<u>What the Heck is Going On? Understanding the KidsNet System</u>	3 hours	Iowa Falls Ellsworth College
Mar. 27, 2010 1:30pm- 4:45pm	<u>The Journey from Foster Care to Adoption and Beyond</u> NEW!	3 hours	Iowa Falls Ellsworth College

Waterloo Area Trainings

Jan. 16, 2010 9am-4:30pm	<u>Mentoring Teenage Men Into Adulthood</u>	6 hours	Cedar Falls Holiday Inn Univ. Plz
Feb. 13, 2010 9am-4:30pm	<u>For Better or Worse...Couples Who Foster</u> (a class for couples)	6 hours	Cedar Falls Holiday Inn Univ. Plz
Mar. 13, 2010 9am-4:30pm	<u>Beyond Consequences: A Love Based Approach to Helping Children with Severe Behaviors</u>	6 hours	Cedar Falls Holiday Inn Univ. Plz
Mar. 27, 2010 9am- 12:15pm	<u>Understanding & Responding to the Sexual Behaviors of Children & Adolescents</u>	3 hours	Mason City NIACC
Mar. 27, 2010 1:30pm- 4:45pm	<u>Special Education Basics - Getting the Help Your Child Needs</u>	3 hours	Mason City NIACC

Foster Child Behavioral Assessments

Behavioral Assessments should be done:

1. 30 days upon entrance into foster care
2. When there are significant behavior changes.
3. After a placement change
4. After termination in preparation for negotiation of subsidy.
5. During negotiation of Adoption Subsidy.
6. Before Court hearing on guardianship subsidy.

Something Foster Parents Should Know:

****Clarification**** Pack 'n Plays are **NOT** approved as cribs

A 2-Mile Foster Care Walk Fundraiser

Saturday, May 1, 2010

Gray's Lake - Des Moines, IA

The Iowa Foster and Adoptive Parents Association and the Iowa Friends of Foster Children Foundation are excited to join together on a fundraising venture, called "Stride for Foster Care - Take a Walk on a Child's Side". This family friendly event will take place the morning of Saturday, May 1, 2010 in Des Moines. The Stride for Foster Care event will include a two-mile walk around the beautiful Gray's Lake Park and will end with food and activities for everyone.

Register to Walk: If you would like to participate, walkers will be able to register and raise funds online. You can walk on your own or create a team of family members, friends, or coworkers and join in the fun. Adult walkers are asked to pay a \$30 registration fee or collect at least \$30 in pledge contributions. Walkers will receive a free t-shirt if they register online by April 15. Walkers can still register after April 15; however, t-shirts are only available while supplies last. Children under age 12 can walk for free. Children's t-shirts will be available for purchase at \$10 each.
ONLINE REGISTRATION COMING SOON!

Fundraising Efforts: You can join in on the fundraising efforts by registering for the walk online and asking your friends and family for their financial support. Your fundraising efforts will help support Iowa's children in foster care, in addition to the programs that support foster and adoptive families.

Help Sponsor the Stride for Foster Care Walk: Sponsors are needed for the walk. Your corporate sponsorship will help support Iowa's children in foster care, in addition to the programs that support foster and adoptive families. If your company / employer is interested in sponsoring Stride for Foster Care, please see the [Event Sponsorship Opportunities & Benefits](#) and the [Event Sponsorship Form](#). If you have questions, please contact Phyllis Pierce at 800-277-8145 ext. 4 or via email at ppierce@ifapa.org.

Click on a link below, or go to www.ifapa.org to learn more:

Transitioning a Child into Your Home

[Foster Care Youth Rights & Responsibilities](#)

[Top 10 Things Foster Parents Can Do to Help Transition a Foster Child into Your Home](#)

[Checklist of Things to Discuss When a Foster Child Enters Your Home](#)

[Creating a Welcome Book](#)

[Questions Kids Want Answers for When Entering Foster Care](#)

[Resource Family Profile Form \(Family Introduction Form\)](#)

[All About Me Form \(Foster Child Introduction Form\)](#)

[Celebrate Me Form \(All About the Foster Child\)](#)